



Cromwell Public Schools

"Placing Students First"

www.cromwell.k12.ct.us

Central Administrative Offices
PH: 860-632-4830

9 Captain James Mann Memorial Drive

Cromwell, CT 06416-1398
FAX: 860-632-4865

Dr. Enza Macri

Superintendent of Schools

860-632-4838

Michele DiMauro

Director of Human Resources

860-632-6043

Dr. Keri MacLean

Director of Curriculum & Instruction

860-632-6047

Sari O'Leary

Director of Student Services

860-632-4831

Ann Burke

Director of Financial Services

860-632-4837

Tommy Litwinczyk

Director of District Operations

860-632-6048

Summary of Findings

Section 1:

Our district is currently meeting all goals to promote wellness across all of our schools. All of the meals are in compliance with USDA standards for Nutrition Programs and School Meals, including keeping the identify of students who qualify for free/reduced meals confidential. We also follow all guidelines for healthy snack compliance; healthy classroom treats are recommended but not required. We only sell/market Smart Snacks on school campus. Last, our policy is posted on the Cromwell BOE website; it was updated three years ago, and our committee will meet two or more times per year to keep it up to date.

Section 2:

In our district's local school wellness plan, we do have a couple of areas that need improvement. For example, our middle school students are currently receiving less than 225 minutes of activity per week as part of our Physical Education curriculum. During our next meeting, we will look into different methods to include more activity that is physical for our students. Additionally, there is a gap in communication between our BOE leaders and parents. In an attempt to close this gap, we are going to invite parents and BOE members to form a committee to allow for open discussions on key topics and concerns amongst the group.

Section 3:

There are several areas within our current wellness policy that are brief and do not provide much detail. For example, we have a section that describes reimbursable meals. However, we need to provide more information about the nutritional guidelines of a reimbursable meal; it would be beneficial to parents to have this information. During the next school year, we will change the language in the policy and have the BOE vote on the updates.

Section 4:

Overall, Cromwell BOE wellness policy compared very well to the model policies as measured by the Well SAT 3.0. However, there are some areas that we will look to improve on during the next school year. Those areas are Physical Education & Physical Activity, as well as Implementation, Evaluation & Communication.